

FOUNDATION LEARNING NEWSLETTER

SPRING 2023

BLITZ AND SPARKLE IN THE COMMUNITY

Learners in Independence A took their Blitz and Sparkle cleaning company on the road. They went to Bentham House Retirement home in Woolwich for the afternoon on the 9th March.

The learners worked extremely well: working in a team and supporting each other in all the tasks.

The hardworking group cleaned work surfaces and also the communal tables in the residents lounge among many other tasks. It is great that that got the opportunity to apply all the knowledge that they have gained from their independent living and employability skills lessons .

The learners showed a great effort in following instructions and were responsible for looking after their own equipment.

Denis Campbell, who is the centre manager, was very impressed and said they did a fabulous job!



SPRING 2023

*"Working on the
Supported
Internship
programme has
been incredible."
Abu,
Finance*



RAR
ROYAL ARSENAL 'SIDE

#NSID2023

27 MARCH 2023

Get involved by visiting www.dfnprojectsearch.org



Berkeley
Designed for life


ROYAL borough of
GREENWICH

UNITY WORKS

RAR
ROYAL ARSENAL RIVERSIDE
Royal Borough of Greenwich, London

 **SHOOTERS HILL**
SIXTH FORM COLLEGE

NATIONAL SUPPORTED INTERNSHIP DAY



ON THE 27TH MARCH IT WAS NATIONAL SUPPORTED INTERNSHIP DAY. THE INTERNS TOOK TIME OUT OF THEIR CURRENT ROLES TO SHARE AND RAISE AWARENESS FOR SUPPORTED INTERNSHIPS.

THE INTERNS STARTED THE DAY BY TALKING ABOUT THE PROJECT ON THE MARITIME RADIO SHOW WHICH IS A LOCAL GREENWICH BASED RADIO STATION. TWO STUDENTS: JESSICA AND ABU, SPOKE ABOUT WHAT THEY HAVE BEEN DOING SINCE THE START OF THE PROJECT IN SEPTEMBER.

JESSICA SAID THAT SHE HAD BEEN WORKING IN A CLEANING DEPARTMENT AND HAD ENJOYED BUILDING HER SELF CONFIDENCE PARTICULARLY AROUND WITH WORKING WITH OTHER PEOPLE.

ABU SAID THAT HE HAD BEEN WORKING IN FINANCE AND HAD LEARNT HOW TO UPLOAD AND CHECK INVOICES ON THE SYSTEM.



LATER ON IN THE DAY, ALL THE INTERNS RAN AN INFORMATION STALL, AT WOOLWICH LIBRARY, WHERE THEY SPOKE TO MEMBERS OF THE PUBLIC ABOUT THE WORK THAT THEY ARE DOING. THEY DID AN EXCELLENT JOB OF SHOWCASING ALL THE NEW SKILLS THAT THEY HAVE ACQUIRED.



ARCHIE'S SONG

**ARCHIE A THIRD YEAR DEVELOPMENT
STUDENT WROTE THIS AMAZING POEM
WHILST WORKING WITH WILLIAM THE
COLLEGE INTERVENTION AND THERAPIST
OFFICER**



THE NAME'S ARCHIE
I GOT A SPECIAL NEED
CALLED PRADER WILLI
AND IT'S LIVING WITH ME

FLOPPINESS IN KNEES, HUNGRY ALL THE TIME
HARDER TO LOSE WEIGHT, FOR YOU TO SEE ME SHINE
I WANT TO EAT HEALTHY, CAUSE I LIKE BEING HEALTHY
BUT SOMETIMES I JUST WANT A LITTLE TREAT

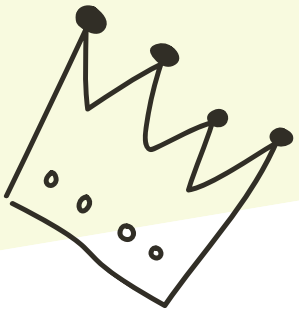
I WANT TO EAT HEALTHY, CAUSE I LIKE BEING HEALTHY
BUT SOMETIMES I JUST WANT A LITTLE TREAT

IT'S GOOD TO EXERCISE, ALL THE TIME
DRINK WATER, HELPS TO REFRESH YOUR MIND
IT'S GOOD TO BE HAPPY, ALL THE TIME
POSITIVE MEMORIES TAKE YOU BACK IN TIME

TAKE TIME, HAVE FUN IN LIFE
AND REMEMBER
DON'T TAKE IT FOR GRANTED,
BECAUSE YOU ONLY LIVE ONCE,
... SO YOU KNOW YOU GOT TO MAKE THE MOST OF IT

YOU'VE GOT TO TRUE BE YOURSELF
IT'S LIKE A ROLLERCOASTER, HOW WE GO THROUGH ALL THE MOTIONS
BUT IF YOU WANT TO BE BEST, THEN YOU KNOW YOU'VE GOT TO SHINE THE BEST!

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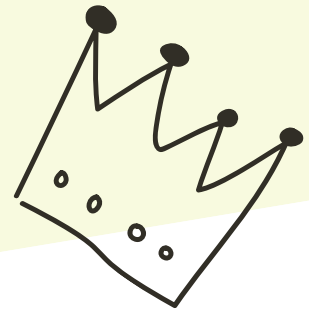
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ENTERPRISE AT GREENWICH MARKET



Making and selling in Greenwich Market

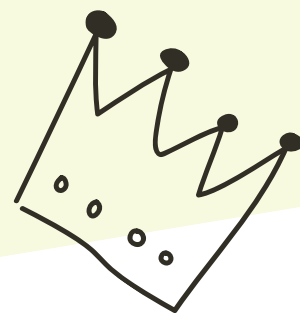
LEARNERS IN INDEPENDENCE B WENT TO GREENWICH MARKET ON MONDAY THE 13TH MARCH TO SELL THE ITEMS THAT THEY MAKE DURING THEIR ENTERPRISE SESSIONS.

LEARNERS HAVE MADE A VARIETY OF ITEMS TO SELL OVER THE LAST FEW MONTHS. THIS HAS INCLUDED DIFFERENT TYPES OF CARDS TO GIVE FOR DIFFERENT OCCASIONS, THESE ARE HAND MADE AND PRODUCED TO A HIGH LEVEL OF QUALITY. THE LEARNERS HAVE ALSO MADE LAVENDER BAGS WHICH WERE VERY POPULAR WITH THE GENERAL PUBLIC.

WHEN THEY WERE WORKING ON THE STALL THE LEARNERS DEVELOPED A NUMBER OF SKILLS INCLUDING CUSTOMER SERVICE, MONEY SKILLS AND WORKING IN A TEAM. THE LEARNERS AND STAFF SHOULD FEEL REALLY PROUD OF THEIR EFFORT ON THE PROJECT



TRIP TO ELTHAM PALACE



LEARNERS IN ACCESS D ON THE 10TH MARCH VISITED ELTHAM PALACE AS PART OF THEIR COURSE WHICH LOOKS TO DEVELOP THE LEARNERS INDEPENDENCE AND BEING ABLE TO TRAVEL TO PLACES IN THE COMMUNITY. ELTHAM PALACE WAS ONCE A FAVOURED MEDIEVAL PALACE AND THEN A TUDOR ROYAL RESIDENCE, AND HAS A RICH HISTORY. THERE ARE A VARIETY OF ROOMS SHOWING VARIOUS ARTEFACTS OF TIMES PAST. THE LEARNERS LOVED FINDING OUT ABOUT THE HISTORY AND DESPITE THE WEATHER BEING A LITTLE BIT WET, THEY ENJOYED THEIR LUNCH.

TRIPS IN THE COMMUNITY ARE AN IMPORTANT PART OF THE PROGRAMME AS IT GIVES LEARNERS AN OPPORTUNITY TO BUILD PERSONAL CONFIDENCE AND SKILLS TO MAKE JOURNEY AND TO PURSUE THEIR OWN CHOICES IN LIFE.



INTERVIEW WITH COURTNEY WILLIAMS



WHAT IS YOUR ROLE AT COFFEE CORNER?

I WORK AS A CUSTOMER SERVICE EMPLOYEE AND SERVE PEOPLE FOOD AND DRINKS. I AM EMPLOYED BY THE COLLEGE AND I WORK FIVE DAYS A WEEK.

WHAT SKILLS HAVE YOU LEARNT?

SINCE I HAVE BEEN WORKING IN THIS ROLE I HAVE LEARNT HOW TO USE THE COFFEE MACHINE AND MAKE A VARIETY OF HOT DRINKS.

I CAN ALSO USE THE SLUSHIE MACHINE WHICH MAKES DRINKS.

I CAN ALSO USE THE TILL TO TAKE PAYMENT.

I HAVE GAINED CONFIDENCE IN DEALING WITH CUSTOMERS AND I AM CALM IN DEALING WITH DIFFERENT SITUATIONS.

HOW HAVE YOU BEEN SUPPORTED IN YOUR ROLE?

I AM HELPED BY KARLY WHO IS MY MENTOR IN THE ROLE AND SHE HELPS ME DEVELOP NEW THINGS SUCH AS IMPROVING MY ENGLISH. FOR EXAMPLE KARLY HAS GIVEN ME KEY WORDS TO LEARN SUCH AS LATTE, CHOCOLATE AND OTHER TYPES OF DRINKS WHICH I SERVE.

WHAT ADVICE WOULD YOU GIVE TO SOMEONE WHO IS WANTING TO GET A JOB?

DON'T BE SCARED TO ASK QUESTIONS ABOUT THE JOB ALSO YOU CAN TALK TO ME ABOUT HOW I HAVE LEARNED ABOUT THE JOB.

WHAT IS THE BEST THING ABOUT THE JOB?

THE BEST THING IS LEARNING NEW SKILLS AND HAVING MONEY TO BUY THINGS I WANT SUCH AS A NEW PHONE I SAVED UP FOR AND AN APPLE WATCH.

THINKING ABOUT JOINING FOUNDATION LEARNING

IF YOU LOOKING TO FIND ABOUT MORE ABOUT WHAT IS FOUNDATION LEARNING AND THINKING ABOUT JOINING ONE OF OUR MANY EXCITING PROGRAMMES THEN YOU COULD COME ALONG TO OUR NEXT OPEN EVENT

*ALL OPEN EVENTS TAKE PLACE FROM 4:30PM-6:30PM
INVITATION IS VIA APPOINTMENT ONLY*

WEDNESDAY 14TH JUNE 2023

IF YOU ARE WANTING TO COME ALONG THEN PLEASE VISIT THE COLLEGE WEBSITE WWW.SHG.AC.UK AND BOOK A SPACE.

ALSO IF YOU ARE INTERESTED IN BOOKING A VISIT OUTSIDE OF THE OPENING DAY AND WANT TO FIND OUT MORE ABOUT THE COLLEGE THEN CONTACT DEBORAH.THOMPSON@SHG.AC.UK WHO CAN ARRANGE A VISIT.

